

# CMH

# 100,000\*

GUARANTEED VERTICAL FEET

PER CAPITA MORE  
AUSTRALIANS HELI-SKI  
THAN ANY OTHER NATIONALITY

\* You get 30,500 metres or three and a half Mount Everest's worth of skiing on a week-long trip, backed up by the heli-ski industry's most generous refund policy.

CMH includes:

- All meals, snacks, and non-alcoholic beverages
- Full lodge accommodations, including saunas, whirlpools, game rooms, etc.
- Escorted transportation to and from Calgary International Airport
- Fully certified, professional guiding services
- Use of CMH-designed heli-skis
- Use of avalanche transceivers



**CMH  
HELI-SKIING**  
The World's Greatest Skiing



INSET PHOTO: BRAD WHITE

**Powder Air:** Chartered Air Service for CMH guests flying directly from Calgary to Revelstoke and Valemount every Saturday for guests travelling to Revelstoke, Gothics, Monashees, Valemount or Cariboos. Round trip cost \$920.00 + GST [www.powderair.com](http://www.powderair.com)

**Special New Trips:** 3, 4 and 5 day heli-ski Trips – 5 day trips are scheduled in certain lodges early or late seasons. 3 and 4 day trips run throughout the heli-ski season at Kootenay.

**Christmas Family Weeks:** Christmas Holiday Family Trips are designed for 12 to 17 year old kids and their parents (or grandparents). Families begin the day skiing together, but when the kids get tired they can return to the lodge and the older folks can stay up in the mountains. Youngsters who come in early from skiing enjoy a variety of fun, supervised activities including cross-country skiing, snowshoeing, building igloos or snowmen, doing crafts, or tackling the lodge's indoor climbing wall (also available at Easter).

**Powder Intro Weeks:** With the right attitude and a few technical tips, any strong intermediate skier can learn to enjoy wilderness skiing. Our very popular Powder Introduction is a ski improvement program designed to get those strong intermediate skiers up to heli-skiing speed. Powder Introduction isn't for beginner level skiers, or skiers who are taking up the sport after being inactive for several years. It is a great boost, though, for skiers who have put in 20 to 30 days on the slopes per season for several recent seasons and have some hesitation about their first heli-ski experience or perhaps would like to ski at a gentler pace.

**Pay As You Play and Flexi Weeks:** Pay for the skiing you do or for how many days you want to be in the heli-skiing area. Available only at certain lodges and during certain times of the year. Not all weekly inclusions apply.

**Powder Masters:** Our passion for heli-skiing does not fade, even as our knees, backs and other bio-mechanical hot-spots show signs of wear. We designed our Powder Masters program, under the expert direction of Roko Koell, to keep our guests on the slopes for as long as the spirit is willing.

Powder Masters emphasizes quality of over quantity of skiing. Two guides and a maximum of ten guests per group ensure a high level of personal attention. Powder Masters weeks are offered throughout the season.

**Small Group Trips:** Small, fast, manoeuvrable, and flexible. Those four words just about sum up the essence of our Powder Max program. You'll ski in one of three groups of five skiers, each group with a guide, supported by a Bell 407 six-passenger helicopter. This light helicopter and the small group size make for quick lifts, lots of flexibility for skiing throughout the area, and the chance to ski interesting and challenging lines that may not work as well for larger groups.

**CMH Steep Skiing Camps:** Are designed for skiers and snowboarders looking for a challenge on seriously steep terrain. We have planned this trip for late April, when snow conditions are the most stable and the days are longer, allowing us the opportunity and flexibility to ski more challenging terrain.

## FREQUENTLY ASKED QUESTIONS

**Am I ready for heli-skiing?** If you're a strong intermediate or advanced skier, and you've spent some serious time on the slopes recently, you're almost certainly ready. (Snowboarders should be very strong riders.) If you lack experience in deep powder, we suggest you sign up for our Powder Introduction Program to get up to speed.

**How fit should I be?** In many cases, fitness is more important than technical expertise. heli-skiing is demanding, and you've got to be in good shape to enjoy it.

**What's the best time to ski?** From mid-December, making as sure as possible that there is sufficient good snow. Since Canadian winters last longer than winters in the US, we're able to ski in until early May.

**How much snow will there be?** The snowpack varies, from year to year and area to area. On average, snowfall in CMH's actual ski areas ranges from 12 metres to 20 metres, making for a settled snowpack of about two and a half metres to about 5 metres.

**What's the weather like?** These are big, weather-machine mountains, this is winter, and there can't be any guarantees. But CMH are able to fly in all but the most extreme weather, and if you can't ski above timberline (about 2,200 metres) groups ski happily and well in the trees at lower elevations, down sometimes to 600 metres. When all is said and done, there are on average only 12 days out of a 20-week season when you can't ski at all.

**How safe are the helicopters?** Very. Each twin-engine, 11-passenger Bell 212s (and Bell 407s, Bell 20613s, and Bell 206Bs for smaller groups and special flights) make as many as 80 take offs and landings a day; since 1981 CMH have never lost more than a half a day to mechanical failure. Each lodge has a resident engineer.

**How do I get more information?** Call our exclusive Heli Hotline in Australia 02 9958 9717 or check CMH at [www.travelplan.com.au](http://www.travelplan.com.au) to download the latest CMH heli-skiing handbook and view full information on all lodges.

For more details please call  
**HELI HOTLINE**  
**02 9958 9717**

EMAIL: [ABIGAIL@TRAVELPLAN.COM.AU](mailto:ABIGAIL@TRAVELPLAN.COM.AU) for your free CMH info package including a free intoxicating DVD, or visit [WWW.TRAVELPLAN.COM.AU](http://WWW.TRAVELPLAN.COM.AU) for full details on CMH heli-skiing.



**NEW EARLY BOOKING CREDIT**

Put a deposit down on any area and program (with the exception of the Kootenay regular program) for the 2011 season by June 2010 to receive last season prices plus a lodge credit of \$100 per person per day booked. A 7-day trip would result in a credit of \$700 per person! Guests who have already booked at this time will receive the credit as well. Credit can be spent on the bar, massages, extra metres and the shop!

**FREE CMH INFORMATION NIGHTS**

If you need more information on CMH heli-skiing, we will come to you. A CMH expert will come and offer all the information you need in a short heli-skiing presentation at your home, office or Travelplan office. These visits are free! Just call the Heli-Hotline for all details. Some restrictions may apply.

Roko Koell from CMH in Canada is heading back "down under" - look out for more details on the famous Austrian CMH guides' visit in July.

**CMH HELI-SKIING LODGES**



**ADAMANTS LODGE**

Named for a majestic collection of diamond-hard peaks, a sub-range of the Selkirks, where all the Adamants heli-skiing is based. The Selkirks are famed for long glaciers, deep valleys, and rugged vistas. Their excellent tree skiing and huge, open glacier terrain make the Adamants one of CMH's most popular areas.

**Located: 7 hours by bus from Calgary**  
**Notable run: Sweet 16**



**CARIBOO LODGE**

The finest mountain lodge of its kind in the entire Cariboo Range, a legendary old gold rush area of high, north-facing glaciers, wide, endless, alpine runs and good tree skiing in breathtaking surroundings. With access to the consistently high snowfall of the North Thompson Valley, the Cariboo's offer terrific, high-quality heli-skiing until very late in the season.

**Located: 6.5 hours by bus from Calgary or Powder Air Charter**  
**Notable run: Encore**



**MONASHEES LODGE**

Offers perhaps the most challenging skiing of all the areas, and is for experienced CMH heli-skiers who normally ski in the fastest group in other CMH areas. Between 60 and 90 percent of Monashees skiing is in a mature, naturally well-spaced forest. Along with some of the best tree skiing on earth, the Monashees is also admired for its long, consistently steep-pitched runs. Its first class, recently built lodge sits spectacularly on the waters edge.

**Located: 7 hours by bus from Calgary or Powder Air Charter**  
**Notable runs: Elevator**



**BOBBIE BURNS LODGE**

Bobbie Burns accesses skiing in both the Purcell and Selkirk Mountains. Suitable only for physically fit, well-experienced skiers who enjoy a faster pace, it offers a rich selection of runs in the trees and in high, glaciated terrain. Its 33 guests are divided into a maximum of 3 groups of 11 skiers each (normally we have 4 groups of 11), allowing us to fly further afield for more time on the slopes. The area's many valleys unfold various micro-climates, allowing for good skiing in virtually all conditions.

**Located: 4 hours by bus from Calgary**  
**Notable run: Snow Ocean**



**GALENA LODGE**

Located in a wild and remote setting surrounded by some of the most varied and challenging tree skiing CMH offers. All CMH's Galena skiing is done in the Badshot Range of the Selkirks, known for its abundant snow, rugged beauty, and quality skiing. Galena is for stronger, aggressive skiers only, and shouldn't be considered by first time heli-skiers.

**Located: 7 hours by bus from Calgary**  
**Notable runs: Freefall**



**KOOTENAY LODGE**

Based in the British Columbia village of Nakusp. The runs are in old growth forests blessed with abundant snow. Skiers access the ski areas by vans used to transport groups to the helicopters. The skiing is demanding at Kootenay and is for stronger, aggressive skiers only. Skiers should be physically fit and prepared to spend the whole day in the mountains, as the chance to fly back to the lodge during the day is rare. The accommodations are at the Kuskanax and Tenderfoot Lodges in the centre of Nakusp. CMH heli-skiing offers 3 and 4-day trips along with the 7-day "Kootenay Powder Light" as CMH's newest heli-skiing experience.

**Located: 7 hours by bus from Calgary or 5.5 hours by bus from Spokane. Self drive is also an option.**  
**Notable runs: Pleasure Centre**



**BUGABOOS LODGE**

In 1965, CMH inaugurated heli-skiing in the spectacular granite spires of the Bugaboo Mountains. The Bugaboos is our most established area, offering an immense variety of runs, both above and below tree line. Skiing on glaciers surrounded by massive monoliths is an indelibly intense and heart-spinning experience. The recently renovated Bugaboo Lodge is the finest first class accommodation in the world famous Bugaboo peaks.

**Located: 4 hours by bus from Calgary**  
**Notable run: Kingsbury Pearl**



**GOTHICS LODGE**

Located in the Goldstream River Valley in the Northern Selkirks, Gothics Lodge is named after steeple-like spires that are reminiscent of Gothic cathedrals. Gothics accesses both the Northern Selkirks and the Monashees, and boasts an excellent variety of terrain, from a rich palette of tree skiing to open glacier skiing.

**Located: 6.5 hours by bus from Calgary or Powder Air Charter**  
**Notable runs: Run of the Century.**



\* Private Groups for private heli-ski weeks are offered, McBride and Valemount, Revelstoke and Monashees – please enquire directly with the Heli Hotline for more details